

SUGGESTED SUPPLY LIST

Intro to Watercolor - Karen Nastuk

Watercolors (I use Winsor Newton Artists Grade or student grade is Cotman)

2 blues: Ultramarine and Cerulean (Only Cerulean I prefer Artist's Grade Winsor Newton because white is mixed in lesser grades)

Warm red: Cadmium red

Cool red: Alizarin Crimson

Warm yellow: Cadmium yellow

Cool yellow: Lemon yellow

Sienna brown

Cobalt violet (this is my get out of trouble color, for perking up dull areas, and alt to crimson in a garden)

OPTIONAL: Hookers green or other dark green (when you need a green, you first try to mix from yellows and blues)

OPTIONAL: Dioxine or Winsor Purple (just for mixing a dark, little call for purple really, and it's mixable) I keep this in a medicine cap taped with surgical tape

Inside my palette on the empty wall.

SEASONAL: Orange. Hard to mix a pumpkin color without a pure orange to start with.

Other OPTIONAL COLORS are Transparent Yellow and Cobalt Blue. Gives you another set of greens, an alternate sky color, and a means of warming up dull greens.

(on my palette I have permanent rose, rose madder genuine, burnt umber, cobalt turquoise light, manganese blue...for that special boat, buoy, etc.)

Organize your colors squeeze out in advance by 1-2 days (prevents getting too much pigment on brush accidentally.) Long side of palette (your warmer colors) Corner: Yellow ochre lemon yellow cad yellow ... cad red alizarin crimson

Dark green optional short side (cooler colors)

sienna brown BLues

Far corner: cobalt violet

BRING A RAG, good size, not terry. Fine is Tshirt material or flannel (good for wrapping your brushes in!)

Bring 2 water containers (cool whip size, nesting plastic.)

Bring a pencil, I like side loading mechanicals because stay sharp, and a kneaded eraser can be stuck on end if you have side-advance pencil)

Jerry's Artarama has my favorite **Brushes** by Loew Cornelle La Corneille series 7000, ROUND (NOT ultraround or any other name, just Loew Cornelle ROUND)

Size is #8 and something smaller like #6 or #4, and a flat wash (my alltime favorite is grumbacher 1" aquarelle, 3/4" is fine or both. A flat wash is just like a round, but the silver ferule is squeezed

flat, so the bristles line up. You can imagine this makes skies and roofs very quick. Can also be used on its edge.

Favorite Palette is The John Pike Small Well Watercolor Palette. It's nearly unbreakable and has enough weight to withstand most wind. The cover acts as another mixing area. The color areas aren't deep, and excess water can't dilute color! Everyone I know uses this, and it's under \$20. I would use a free Styrofoam white meat tray from the butcher until I could afford the John Pike palette. The mixing area is uninterrupted, it's perfect.

Sketch or note pad...so you can take notes. I give a lot of very good information, do a lot of side demonstrations, had excellent teachers.

Paper: I like buying Arches 140 pound coldpress paper white-white not natural. It's good to get used to one brand of paper because you get to learn how the drying times are on the brand, switching papers starts you back at square one. I'm not a fan of Strathmore watercolor papers. And I also teach using the Cotman spiral pads, although they don't suck watercolors like the Arches. I tilt my board greatly to teach, and I find it hard to get a smooth sky on the Cotman, but easily on the Arches. Full sheets are available online by 5, 10, and 25 sheets. Yes use both sides! These sheets can be folded and broken in half or quarter sheets, which Salem MA Art Corner has frames to fit ready to walk out the door; their full sheet frame is \$100 which is quite a deal, including glass, matt, backing foam cor, all hardware and wire. Quarter sheet is closer to \$50. Online the sheets can be found as low as \$5, but that's four paintings, and four on the other side.