

6th annual

Essex Art Center's HALLOWEEN 5K + Fun Run



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new balance foundation

Sunday, October 24, 2010

- 9 am - Registration
- 9:30 am - Kids Fun Run
- 10 am - 5k Run or Walk

Please pre-register!

registration 5k - \$15 (\$10 students) pre-register by Oct 22nd. T-Shirts to first 100 in 5k.
 Kids Fun Run = FREE (candy + prizes + art) NO registration for kids run.
 Att Coaches - School Team discount: \$7ea (ten plus runners) mail all together.

course Kids Fun Run - (Ages 4+) safe course at EAC.
 5k - flat loop through historic Lawrence, start/finish at Essex Art Center.

awards Best Costume Prizes and 5 k Awards to top finishers in 6 age groups:
 pre-teens; 9-12, teens;13-19, adults; 20-29, 30-39, 40-49, 50+
 Prizes for fast walkers! Results posted online.

proceeds All proceeds go to Essex Art Center, a non-profit organization offering affordable Art classes to adults & kids in the Merrimack Valley area.

directions From I-495 - Marston St Exit 45. Take first left onto Canal St. at the 'Welcome to Lawrence' sign. At first light, left onto Union St, watch for event parking signs on right (island st will be closed for the event)



Clip + Mail to EAC. Go to www.EssexArtCenter.com or visit art center for more registration forms.

EAC Halloween 5k, Oct. 24. 2010



Name _____
 Address _____
 City _____ State _____
 Phone _____ * Age _____ Male _____ Female _____
 School (if student) _____
 Email _____

Registration Form for 5k

(no need to register for Kids Fun Run!)

Please make checks payable to:

Essex Art Center, 5k Run

Enclose Check (by Oct 22nd)

Adults \$15 _____ Students \$10 _____

School Team discount \$7 _____

Mail To: Essex Art Center, 5k RUN

56 Island Street, Lawrence MA 01840

In consideration of this entry being accepted, I, for myself, or for any person or concern who may claim through me, on my behalf, do hereby hold harmless and release the Commonwealth of Massachusetts, the Essex Art Center, any and all claims for personal injury or damages arising out of or connected with my participation in this event. I attest that I am physically fit to participate in this event.

Signature _____

Adult if under 18 _____

* if you forget to put your age or gender, we are going to guess!!! ha ha please submit form for each 5k runner